

Race	Heat	Arrival Time	Warmup Time	Race Time	Who
G 1600m	Heat 1	8:00:00 AM	8:25:00 AM	9:00:00 AM	
	Heat 2	8:16:00 AM	8:41:00 AM	9:16:00 AM	Sydney
	Heat 3	8:14:30 AM	8:49:30 AM	9:24:30 AM	Olivia, Scarlett, Peyton G, Zoe
	Heat 4	8:23:00 AM	8:58:00 AM	9:33:00 AM	Azul, Hannah
	Heat 5	8:31:30 AM	9:06:30 AM	9:41:30 AM	Peyton R, Marlene, Caroline
	Heat 6	8:40:00 AM	9:15:00 AM	9:50:00 AM	Audrey, Isabel
	Heat 7	8:48:30 AM	9:23:30 AM	9:58:30 AM	
	Heat 8	8:57:00 AM	9:32:00 AM	10:07:00 AM	Norah
B 1600m	Heat 1	9:04:30 AM	9:39:30 AM	10:14:30 AM	
	Heat 2	9:12:00 AM	9:47:00 AM	10:22:00 AM	Ryan H
	Heat 3	9:19:30 AM	9:54:30 AM	10:29:30 AM	Carter P
	Heat 4	9:27:00 AM	10:02:00 AM	10:37:00 AM	Ryan K, Griffin
	Heat 5	9:34:30 AM	10:09:30 AM	10:44:30 AM	
	Heat 6	9:42:00 AM	10:17:00 AM	10:52:00 AM	Samuel
	Heat 7	9:49:30 AM	10:24:30 AM	10:59:30 AM	Henry
	Heat 8	9:57:00 AM	10:32:00 AM	11:07:00 AM	Liam
	Heat 9	10:04:30 AM	10:39:30 AM	11:14:30 AM	Owen B
	Heat 10	10:12:00 AM	10:47:00 AM	11:22:00 AM	Carter H
	Heat 11	10:19:30 AM	10:54:30 AM	11:29:30 AM	Gary, Holden
	Heat 12	10:27:00 AM	11:02:00 AM	11:37:00 AM	
	Heat 13	10:34:30 AM	11:09:30 AM	11:44:30 AM	
	Heat 14	10:42:00 AM	11:17:00 AM	11:52:00 AM	
MS G1600	Heat 1	10:51:30 AM	11:26:30 AM	12:01:30 PM	
	Heat 2	11:01:00 AM	11:36:00 AM	12:11:00 PM	
	Heat 3	11:10:30 AM	11:45:30 AM	12:20:30 PM	
MS B1600m	Heat 1	11:20:00 AM	11:55:00 AM	12:30:00 PM	
	Heat 2	11:28:30 AM	12:03:30 PM	12:38:30 PM	
	Heat 3	11:28:30 AM	12:03:30 PM	12:38:30 PM	
	Heat 4	11:37:00 AM	12:12:00 PM	12:47:00 PM	
G 4x800m	Heat 1	11:45:30 AM	12:20:30 PM	12:55:30 PM	TBD
B 4x800m	Heat 1	11:54:30 AM	12:29:30 PM	1:04:30 PM	
G 800m	Heat 1	12:06:30 PM	12:41:30 PM	1:16:30 PM	Hailey
	Heat 2	12:11:00 PM	12:46:00 PM	1:21:00 PM	Tyler, Julia, Saanvi
	Heat 3	12:15:30 PM	12:50:30 PM	1:25:30 PM	Kylie, Torrey
	Heat 4	12:20:00 PM	12:55:00 PM	1:30:00 PM	Zuri, Alaina
	Heat 5	12:24:30 PM	12:59:30 PM	1:34:30 PM	
	Heat 6	12:29:00 PM	1:04:00 PM	1:39:00 PM	
Race	Heat	Arrival Time	Warmup Time	Race Time	Who
B 800m	Heat 1	12:33:30 PM	1:08:30 PM	1:43:30 PM	
	Heat 2	12:37:30 PM	1:12:30 PM	1:47:30 PM	Landon
	Heat 3	12:41:30 PM	1:16:30 PM	1:51:30 PM	Tyler B
	Heat 4	12:45:30 PM	1:20:30 PM	1:55:30 PM	
	Heat 5	12:49:30 PM	1:24:30 PM	1:59:30 PM	
	Heat 6	12:53:30 PM	1:28:30 PM	2:03:30 PM	Jack, Avery
	Heat 7	12:57:30 PM	1:32:30 PM	2:07:30 PM	Colton
	Heat 8	1:01:30 PM	1:36:30 PM	2:11:30 PM	
	Heat 9	1:05:30 PM	1:40:30 PM	2:15:30 PM	
	Heat 10	1:09:30 PM	1:44:30 PM	2:19:30 PM	Alex

