

Name	1 Mile	2 Mile (split)	5K (split)
Amy Wells	6.09	12.53 (6.44)	20.17 (6.43)
Adrienne Ott	6.13	13.08 (6.55)	20.41 (6.51)
Anna Wells	6.26	13.37 (7.11)	21.31 (7.11)
Leah Adams	6.28	13.47 (7.19)	21.37 (7.07)
Whitney Norris	6.28	13.47 (7.19)	21.37 (7.07)
Kendell Goett	6.43	14.24 (7.41)	22.32 (7.23)
Joanna Bayles	06:50	14.30 (7.40)	22.38 (7.23)
Carrie Wilson	6.38	14.21 (7.43)	22.57 (7.49)
Bethany Bruner	6:42 10:04	14.53 (8.11)	23.43 (8.07)
Kristy Lawrie	6.49	14.47 (7.58)	23.52 (8.15)
Lauren McShane	7.18	15.24 (8.06)	24.17 (8.04)
Rachel Meyer	7.31	15.53 (8.22)	24.27 (7.47)
Lauren Kasior	7.18	15.49 (8.31)	24.57 (8.18)
Erin Lindsey	7:42 10:04	16.01 (8.19)	25.08 (8.17)
Sara Martell	7.49	16.28 (8.39)	25.56 (8.36)
Stacey Molner	7.45	16.58 (9.13)	26.40 (8.49)
Carla Stanley	7.58	16.58 (9.00)	27.41 (9.44)
Kerri McShane	8.12	17.46 (9.34)	27.42 (9.01)
Darraugh Wright	08:10	17.27 (9.17)	27.51 (9.27)
Jennings Benner	8.12	18.10 (9.58)	28.00 (8.57)
Janie Stewart	08:10	18.20 (10.10)	29.20 (10.00)
Name	1 Mile	2 Mile	5K
John Davenport	05:10	10.43 (5.33)	16.55 (5.38)
Carter Parrish	05:10	10.50 (5.40)	17.02 (5.38)
Jon-Paul Montante	5.13	11.08 (5.55)	17.34 (5.50)
Brian Harper	05:45	11.19 (5.55)	17.52 (5.57)
Jimmel Dumas	05:30	11.23 (5.53)	18.07 (6.07)
Andy Smith	5.26	11.35 (6.09)	18.10 (5.59)
Robby Porter	5.35	11.38(6.03)	18.12 (5.58)
Chris Porter	05:30	11.38 (6.08)	18.18 (6.03)
Kevin Foley	5.35	11.34 (5.59)	18.29 (6.17)
David Winnette	5.35	11.45 (6.10)	18.35 (6.12)
Kenji Mori	5.35	11.52 (6.17)	18.37 (6.08)
Jeff George	5.36	11.48 (6.12)	18.40 (6.14)
Adam Woods	5.35	11.53 (6.18)	18.43 (6.12)
Pat Rutledge	5.41	12.09 (6.28)	19.07 (6.22)
Ian Freund	5.54	12.20 (6.26)	19.18 (6.22)
Jason Schmaltz	5.54	12.20 (6.26)	19.20 (6.21)
Jason Deas	6.02	12.34 (6.32)	19.33 (6.21)
Josh Hunter	5.41	12.14 (6.33)	19.38 (7.24)
Alan Daws	6.08	12.49 (6.41)	19.55 (6.27)
Chris Goddard	5.54	12.28 (6.34)	19.59 (6.50)
Robert Childress	6.08	12.49 (6.41)	20.03 (6.34)
John Elliott	6.06	12.49 (6.43)	20.11 (6.42)
James Clark	6.18	13.08 (6.50)	20.58 (7.07)
Brad Abraham	5.15	13.14 (6.59)	
Aron Bruner	6.18	13.26 (7.08)	21.32 (7.21)
Tommy Parry	5.57	13.14 (7.17)	21.39 (7.39)
Zach Herndon	06:30	13.58 (7.28)	21.58 (7.16)
Adam Travis	06:30	13.58 (7.28)	22.00 (7.18)
Isaiah Hunter	6.27	13.53 (7.26)	22.05 (6.32)
Ross Cutts	07:00	15.23 (8.23)	24.28 (8.15)
David Webb	8.49	18.40 (9.51)	29.03 (9.26)