

Allatoona 6 Way
2/28/2018

4:45 PM

4x800m			
A		B	
Liz Bammann	3:03	Ali Daurie	3:08
Reese Baumgartner	3:11	Alanis Reynolds	3:08
Erin Hobbs	2:49	Katie Thompson	3:11
Shivani Makadia	2:52	Lauren Tran	3:08

5:00 PM

4 x 800m							
A		B		C		D	
Brett Hutchison	2:24	Brennan Boone	2:43	Evan Peterson	2:51	Joey Cos	2:31
Andrew Kessler	2:24	James Boyle	2:38	Ethan Shewchuk	2:44	Nick Dw	3:15
Ian Morceau	2:25	Zack Burden	2:44	Ben Shewchuk	2:40	Peyton Go	
Ben VanRensselear	2:22	Jake Hall	2:38	Evan Ziekle	2:47	Connor Kr	

5:30 ish

1600m	
Eliza Hackworth	5:54
Sara Pepper	6:10
Katie Monday	6:13
Maddy Ravenscraft	6:17
Zoey Weir	6:21
Annalei Canter	6:22
Kathryn Boyle	6:23
Sarah Sharp	6:26
Savannah McVey	6:29
Jordan Carlson	6:39
Katie McDowell	6:43
Emma Carroll	6:50
Lily Dwyer	6:58
Ali Daurie	7:00

5:50 ish

1600m	
Lucas Brown	5:00
Andrew Scott	5:01
Chad Boyden	5:02
Michael Jankowski	5:20
Ian Morceau	5:28
Andrew Kessler	5:30
Carson Davis	5:38
Matthew Wyman	5:38
Ben Van Rensselear	5:39
James Boyle	5:44
Brennan Boone	6:03
Carter Payne	6:04
Ben Shewchuk	6:09
Kyle Lowe	6:18
Ethan Shewchuk	6:18

7:15 ish

800m	
Erin Hobbs	2:47
Kayla Knickerbocker	2:51
Annalei Canter	2:52
Reese Baumgartner	3:00
Shivani Makadia	3:01
Liz Bammann	3:05
Katie Thompson	3:08
Emma Carroll	3:09
Katie McDowell	3:10
Lily Dwyer	3:10
Lauryn Tran	3:11
Alanis Reynolds	3:12
Hallie Mercier	3:15
Madison Maynard	3:24

7:30ish

800m	
Christopher Lindsley	2:06
Kyle Durkin	2:10
Matthew Crane	2:13
Logan McCarrey	2:21
Peyton Godbee	2:29
Brett Hutchison	2:32
Zach Burden	2:32
Joey Cosentino	2:36
Jake Hall	2:37
Connor Kruger	2:46
Elias Simmons	2:47
Evan Peterson	2:48
Evan Ziekle	2:51
Joey Camp	3:06
Nicholas Dwyer	3:27

8:30ish

3200m	
Kira Stanley	11:14
Amanda Lambert	13:16
Katie Monday	13:21
Kathryn Boyle	13:48
Sara Pepper	13:48
Maddy Ravenscroft	14:30
Zoey Weir	14:30

8:30ish

3200m	
Sully Shelton	10:07
Kyle Durkin	10:50
Andrew Scott	10:55
Christopher Lindsley	11:10
Chad Boyden	11:12
Matthew Crane	11:24
Nolan Canter	11:36
Michael Jankowski	11:57
Logan McCarrey	12:14
Carson Davis	12:40
Carter Payne	13:30
Matthew Wyman	13:44

THESE TIMES ARE GUESSTIMATES, PLEASE ARRIVE EARLY!

Please arrive 1 hour and 15 minutes PRIOR to your scheduled event.

You need approx 40 min to warm up and check in.

10 min warm up, 10 min potty break, Check in, Strides, Drills, Spike Up