COURSE MARSHALS:

You've signed up next to a specific #. That number represents the location that you are to report to for the race you're working. There will be a very large # painted BLUE on the ground where I need you to stand. Like this for Marshall #6:



I've attached the map again for your convenience. Please arrive at your location 5 min prior to the start of your race.

The job of a course marshal is very simple, but very important. You are to monitor action on the course:

- Make sure no one cuts the course short
- Notify me if an athlete is injured
- Notify me if there is any interference during the race.
- Please bring a cell phone, call me immediately if there is a problem (404) 822 3917
- Marshall #5 You are the swing rope person for the Right/Left Loop. This means once the last runner passes by and enters the RIGHT loop, please shift the flag rope to close the RIGHT loop and open the LEFT loop. It will be easy to find the last runner, this is only about 1/4 mile into the race. When the sweep bike passes for the last time, please close the LEFT loop and open the Right loop for the next race.

Your job is over once the last runner has passed you on their way to the finish line. I will have a bike rider leading and sweeping the races. If you're not sure if you're done, the bike rider will know. Feel free to ask him.