

Region 3-7A Track & Field Championships

- Varsity Entries complete on the GHSA MIS site and <https://ga.milesplit.com/meets/420720-region-3-aaaaaaa-championship-meet-2021/info#.YHjpMuhKjIU>
- Junior Varsity Entries complete at: <https://ga.milesplit.com/meets/420720-region-3-aaaaaaa-championship-meet-2021/info#.YHjpMuhKjIU>
- Individual Entries = three (3) athletes per team for both JV and Varsity Divisions
- Relay Entries = one (1) relay per team with up to 8 names listed for JV and Varsity Divisions
- Athletes may compete in only four (4) events total. Athletes may be entered in more than 4 events, but as soon as they compete in four (4) events (prelims or finals) they cannot compete further in the meet.
- Athletes entered or listed on the relay for ANY Varsity event are **ineligible** for JV events and vice versa. Junior Varsity athletes may be from any grade, they just cannot be listed on the varsity roster in any way.
- Running events with eight (8) or less entries will be finals only.
- JV Horizontal Field Events will have three (3) attempts with no finals.
- Varsity Horizontal Field Events will have three (3) attempts with the top nine (9) athletes to be given three (3) more attempts.
- Vertical Events will be run simultaneously between JV and Varsity. Ties for 5th and 6th will be broken in the Varsity Divisions.

Day 1 Wednesday APRIL 21, 2021

2:00 pm	POLE VAULT	(Girls Varsity)	FINALS
	LONG JUMP	(Boys JV and Varsity)	FINALS
	TRIPLE JUMP	(Girls JV and Varsity)	FINALS
	HIGH JUMP	(Boys&Girls JV and Varsity)	FINALS
	SHOT PUT	(Girls JV and Varsity)	FINALS
	DISCUS	(Boys JV and Varsity)	FINALS
3:00 pm	4 x 800m	(Varsity)	FINALS
4:00pm	POLE VAULT	(Boys Varsity followed by JV B&G)	FINALS
5:00 pm	4 x 100m	(JV)	FINALS
5:15 pm	1600m	(Varsity)	FINALS
5:30 pm	400m	(JV and Varsity)	PRELIMS
5:45 pm	100m	(JV and Varsity)	PRELIMS
6:00 pm	100/110m Hurdles	(JV and Varsity)	PRELIMS
6:15 pm	800m	(JV)	FINALS (section vs. time)
	800m	(Varsity)	PRELIMS
6:40 pm	200m	(JV and Varsity)	PRELIMS
6:55 pm	300m Hurdles	(JV)	FINALS (section vs. time)
	300m Hurdles	(Varsity)	PRELIMS
7:10 pm	3200m	(JV)	FINALS
7:40 pm	4 x 400m	(JV)	FINALS

Day 2 Friday APRIL 24, 2021

2:00 pm	LONG JUMP	(Girls JV and Varsity)	FINALS
	TRIPLE JUMP	(Boys JV and Varsity)	FINALS
	SHOT PUT	(Boys JV and Varsity)	FINALS
	DISCUS	(Girls JV and Varsity)	FINALS
3:00 pm	4 x 800m	(JV)	FINALS
5:00 pm	4 x 100m	(Varsity)	FINALS
5:10 pm	1600m	(JV)	FINALS
5:25 pm	400m	(JV and Varsity)	FINALS
5:40 pm	100m	(JV and Varsity)	FINALS
5:55 pm	100/110m Hurdles	(JV and Varsity)	FINALS
6:15 pm	800m	(Varsity)	FINALS
6:30 pm	200m	(JV and Varsity)	FINALS
6:45 pm	300m Hurdles	(Varsity)	FINALS
6:55 pm	3200m	(Varsity)	FINALS
7:25 pm	4 x 400m	(Varsity)	FINALS

Awards presentation to follow the 4 x 400m Relay.

Meet Duties:

Meet Director – Nick Houstoulakis

Timer – Travis Gower

Jury of Appeals – Harrison, Hillgrove, North Paulding

Long Jump – Hillgrove

Triple Jump – Harrison

Pole Vault – North Cobb & Marietta

High Jump – Walton (Boys =Grey Pit) & North Paulding (Girls =Blue Pit)

Discus – Marietta

Shot – North Cobb

Exchange 1 –North Paulding Exchange 2 – Marietta Exchange 3 – Walton