



Sectional Meet Schedule Classes 5A, 6A

(Time Schedule must be the same for Classes 2A–7A Sectional competitions,
with the exception of inclement weather)

NOTE: The schedule of Running Events has been set to match, as closely as is reasonably possible, the recovery time between running events at the State Meets. Sectional meets should stay on schedule and NOT run ahead of schedule!

Saturday, May 4, 2019

10:30 am 1600 Meter Run (1 Section-all qualifiers)

FIELD EVENTS: nine (9) competitors to Finals in horizontal events (jumps and throws)

10:30 am Pole Vault (Boys)

11:00 am High Jump (Girls) Discus Throw (Boys, then Ambulatory)

Long Jump (Girls) Triple Jump (Boys)

Shot Put (Girls then Wheelchair, Ambulatory)

1:00 pm Discus Throw (Girls, then Ambulatory) High Jump (Boys)

Pole Vault (Girls) Long Jump (Boys)

Triple Jump (Girls) Shot Put (Boys then Wheelchair, Ambulatory)

Break

RUNNING EVENTS: (No running events below should start before all field events are completed.

Running schedule may be adjusted, if necessary, due to Field Event and/or weather delays. However, the time increments between running events should be maintained to ensure adequate recovery time between events.) (The order of running events will be Wheelchair, Ambulatory, if needed, then girls/boys)

3:30 pm 400 Meter Relay (2 Heats each girls/boys)

4:05 pm 400 Meter Dash (Ambulatory, then 2 Heats girls/boys)

4:20 pm 100 Meter Dash (2 Heats) (Ambulatory, then 2 Heats each girls/boys)

4:35 pm 100/110 Meter Hurdles (2 Heats each girls/boys)

4:55 pm 800 Meter Run (Wheelchair, Ambulatory, 2 Heats each girls/boys)

5:15 pm 200 Meter Dash (Wheelchair, Ambulatory, 2 Heats each girls/boys)

5:30 pm 300 Meter Hurdles (2 Heats each girls/boys)

5:55 pm 3200 Meter Run (1 Section-all qualifiers girls/boys)

6:45 pm 1600 Meter Relay (2 Heats each girls/boys)

GHS A Recommended Opening Heights: (may be revised by Games Committee should strength of competition and / or weather conditions dictate)

Class 5A:

Boys' Pole Vault – 10'0" Boys' High Jump – 5'8"

Girls' Pole Vault – 7'6" Girls' High Jump – 4'8"

Class 6A:

Boys' Pole Vault – 10'6" Boys' High Jump – 5'8"

Girls' Pole Vault – 7'6" Girls' High Jump – 4'8"